

## Welcome!

Alaska's farmers grow some of the best produce in the country. Fresh fruits and vegetables are an essential part of good nutrition. The Alaska Farmers' and Senior Farmers' Market Nutrition Program introduces WIC participants and eligible seniors to produce grown in Alaska. Through this program, participants are issued coupons and vouchers that they can exchange for Alaska-grown fruits, vegetables and herbs at local Farmers' Markets and farm stands. The program helps Alaska's economy by bringing new customers to Alaskan farmers who sell their products directly to consumers. The USDA and the State of Alaska fund this program.

We encourage participants to keep this brochure as a useful resource for using Farmers' Market Nutrition Program coupons and Senior Farmers' Market Nutrition Program vouchers and Fruit and Vegetable Vouchers.

**Enjoy!**



State of Alaska  
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# 2015 farmers market nutrition program



# fairbanks sales locations



Alaska WIC & Senior  
Farmers' Market  
Nutritional Program  
(907) 465-3100

## Fairbanks

### Tanana Valley Farmers' Market

2600 College Road, Fairbanks

June-Oct 11 / Sun & Wed / 11am—4pm

June-Oct 11 / Saturday / 9am—4pm

#### Participating Farmers:

- Range View Farm
- Bender Mountain Farm
- Arctic Roots Farm
- Spinach Creek Farm
- Nadya's Greenhouse
- Dart-AM Farms
- Triple McLean Farms
- McLean Homestead
- Goosefoot Farm
- Risse Greenhouse
- Travis Farm
- Vera's Alaska Grown Vegetables
- Basically Basil
- Liliya's Flowers
- Larry's Garden
- Dragonfly Farm
- Ann's Greenhouses
- Jenny M Farms
- Rosie Creek
- Feedback Farm
- Sunny Valley Farm
- Golden Heart Gardens
- Clair's Cultivations

### Fairbanks Downtown Market

June 1-Sept 21 / Monday / 4pm—8pm

#### Participating Farmers:

- Arctic Roots Farm

### Ann's Greenhouses

3 Mile Sheep Creek Road, Fairbanks

June-Oct / Mon-Sat 9am — 6pm and Sun 12pm—5pm

### Basically Basil

Corner of Herreid Rd. and Auburn Rd.

Aug—Sept / Monday-Saturday / 10am—4pm

### Bender Mountain Farm

1444 Grenac Road, Fairbanks

July—Sept / Thursday / 3pm—7pm

### Calypso Farm & Ecology Center

Pearl Creek Elementary / Mondays starting in August

Woodriver Elementary / Tuesdays starting in August

Hunter Elementary / Thursdays starting in June

### Clair's Cultivations

1364 Esro Rd.

July—Sept / 8am—6pm

### Rosie Creek Farm

2641 Livingston Loop, Fairbanks

By appointment, call (907) 479-3642

### Dragonfly Farm

5940 Chena Hot Springs Rd.

July-Sept / Tuesday & Friday / 2pm-7pm

## Delta Junction

### Highways End Farmers Market

Near Visitors Center

Wednesday & Saturday / 10am—5pm

#### Participating Farmers:

- Sunny Valley Farm
- Steele Farms
- Grandma's Gardens

### Borman's Farm

3123 Tanana Loop Ex.

July—Sept / Daily / 9am—9pm

Look for U-Pick sign just past Payne Road

### S Valley Farm

3361 Tanana Loop Ext., Delta Junction

June—Oct / Open Daily

### Vera's Alaska Grown Vegetables

3579 Reeve Ave, Delta Junction

Open Daily / 9am—5pm

## North Pole

### Dart-AM Farms

Manley Hot Springs

June-Oct / Sunday / 1pm—5pm

### Lee's Truck Patch

3460 Hurst Road, North Pole

Monday-Wednesday, Friday / by appointment

## Ester

### Ester Farmers Market

24th and Rickert, South Fairbanks

Starting in June / Thursdays / 4:30— 7:00pm

#### Participating Farmers:

- Calypso Farm & Ecology Center

## Nenana

### Big M Farm

Mile 314.5 Parks Hwy, Nenana

Tuesday & Thursday 1pm—6pm and by appointment

## Examples of Approved & Ineligible Produce

Fruits		Vegetables	
Apples	Pears	Arti-chokes	Greens
Blue-berries	Pumpkins	Beets	Onions
Canta-loupe	Rasp-berries	Broccoli	Parsnips
Cherries	Rhubarb	Cabbage	Radishes
Marion-berries	Straw-berries	Carrots	Tomatoes
Peaches		Corn	Yams
Fresh-Cut Herbs (not allowed for purchase with FVV)			
Basil	Dill Weed	Parsley	Tarragon
Chives	Mint	Rosemary	Thyme
Cilantro	Oregano	Sage	
Ineligible Foods			
Fruits or vegetables processed beyond their natural state			
Fruits or vegetables with added sugars, fats, or oils			
Dried fruits or vegetables			
Honey, tree or fruit syrups, cider or juice			
Vegetable-grain or fruit mixtures			
Nuts, seeds, fruit leathers or fruit roll-ups			
Eggs, meat, cheese, or seafood			
Canned or dried mature legumes			

**Questions?**  
**Call your Local WIC Agency**  
**or the WIC State Office**  
**at (907) 465-3100**